

Sacred Heart International School

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PAMMAM | MARTHANDAM



ELIXIR

THE FLOW OF MAGICAL WRITING

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Editorial

What is love?

Love is a strong and positive emotion. It is the word of the world. Love is the omnipotent force that guides an individual to live harmoniously. Love is life, love is care, love is happiness, love is guidance, and love is the universal language. It is the language of a mother towards her child who is not yet born. It is the language of two naughty youngsters who wish to hitch up in the future. It's the language of a teacher towards their children. Love is the omnipresent force. Love is goodness. Love is selflessness. Love is positive possessiveness and mania. Love is the color of nature. Love is the chirping of birds. Love is the sound of waves. Love is the presence of God. Love is eternal and love is everything that is needed for human existence. Love is peace and love is naughtiness. Love is music and also rhythms. Love is deep and dark. It is the tears that eyes shed for a person. It is the tears that eyes shed for ourselves too. It is an attraction and a hallucination. Love is a drug that can cure every sort of disease and pain. Love is death and it can also be considered as the reunion with God. Love is the wealth that is sure to grow when shared with others. Love is smartness and in short, it is humanity.

“The happiness you feel is in direct proportion with the love you give.” - Oprah Winfrey

Ms. Shabeela S Ikbal
Department of English

'Dear Mom'

My darkest days are gone
Because you came as a light in my life
Just think who am I in your mind.
When you see me
The most dreamful world
I want to show you,
Because you are my joy, you are my love.



Millions in the Galaxy
Dazzling clusters of stars
I haven't seen such an odd one
Out of that
You're the star; I haven't seen
Such a prettiest one ever in my life
The most lovable one to me is "My Mom"

Arunesh Kingston
XI - Jade

"No Men are Foreign"

Remember, no men are strange, and no countries are foreign,
Beneath all uniform, a single body breathe
Like us, our brothers walk upon the earth, in which we all shall lie
They are aware of the sun, air, and water
They too, are fed by harvests.

Song



Akshara A.S
VII - Topaz

Sonnet “Happiness”

The moment of happiness is gay

And that's all I could say.

It is like the beautiful sunshine,

And it never makes me whine.

It's not like the faces that gloom,

But it's like the flower which blooms

Dancing, singing, and sharing,

In the presence of happiness is caring.

Happiness is the best thing to find on Earth,

And it would be nice if it remains till our breath,

Happiness takes you miles and miles

So fill your day with lovely smiles

It is like a tender feather,

So always be happy and bright forever.

*Gopika Krishnan
XI – Jade*

My Dream to Become

On a fine day, I was wondering about the miracle question that everyone used to ask me. Wherever I go, even when I start with the schooling itself, many people used to ask me, “Who do you want to become”? How do I know now?

But I always have a spark to become a “Good citizen”; if we grow as good citizens, we can shine in any career and be in a better position.

When I stepped into my LKG, I saw the kind, caring and beautiful mam with long hair; I wished to become a “Teacher”. Then I wished to become a “Police” because that’s the simple word to study spelling. And also, I see in movies police command over all people. At the end of LKG itself, I pretended myself as a navy head (Admiral). I presented the same in the school Expo and got into diary pages because, Admiral has power, and bravery, and he guards our country. Also, he is handsome and having beautiful uniform than other armed forces. While I am with my mom, I wish to get into the highest position in the IT field so that I can also visit a lot of countries like her. While I go to my Dad’s office, I would like to become a jewel merchant; then, I can wear the latest ornaments and gift them too.

Thus, my dream to become is still in confusion. I hope one day or other; I will define what I'm going to be in my future. Until then, I wish to dream.

*Annie Angel S.T
IV – Sapphire*

Love of God

Lord bless me this I know
I had seen it many more
I love him, and he knows
For I tell, he blesses me so.

You are crucified on a Cross,
With the stealer who stole the love and care
Yes, I know it, and I love you more
You are the God of lamb and love.



Yes, I know it; Bible tells me so
Jesus, I know that son of God,
I will praise him so much.
Dad, I love you, you are so kind and merciful.

He who nailed in the cross was your son
God bless you with wealth and Wisdom

*Hashif Cain"
VII – Jade*

Quantum Computing

What is Quantum computing and how does it work?

Quantum computing is a multidisciplinary field comprising aspects of computer science, Physics, and Mathematics that utilizes quantum mechanics to solve complex problems faster than on classical computers. The field of quantum computing includes hardware research and application development.

It is the process that uses the laws of quantum mechanics to solve problems too large or complex for traditional computers. Quantum computers depend on qubits to run and solve multidimensional quantum algorithms. Indeed, quantum computing is vastly different from classical computing.

*M. Selena
VIII – Ruby*

Tricky Riddles



1. What can be seen once in a minute,
Twice in a moment,
And never in a thousand years?
2. Which tire doesn't move?
When a car turns right?
3. I'm not alive,
But I have five fingers,
What am I?
4. Which word is written incorrectly in a dictionary?
5. Who makes moves while being seated?

Answers:

1. The letter M
2. Aspire tire
3. A glove
4. The word is written “incorrectly”
5. A chess player

*Ajan Lal L.A
VII – Topaz*

Thoughts

I'll be as bold as a hill
and stand tall to face all hurdles,
I'll be as soft as a breeze
and bring pleasure and treasure.
I'll be fast as a wave,
washing away all stones coming in my way.
I'll be famous and never shame.
I'll shine as bright as a star;
I'll fight all obstacles with all my might;
And I will live bravely till my last night.



*Hebron. J
VII – Topaz*

Life



Life is best for those who are enjoying it,
Difficult for those who are comparing it.
Worse for those who are criticizing it.
Your winning attitude defines your life.
So enjoy life, every moment.

*Ashbia A.L
VIII – Ruby*

“Education is the best friend. An educated person is respected everywhere. Education beats the beauty and the youth”.

“Education is the key to success”

*Riya R.T
VIII – Ruby*

“Sometimes time can be clumsy, but not always. Because it gives the right thing in the wrong time and gives the wrong in the right time”

*Albina Sweety
VIII – Topaz*

Amazing facts about the Amazon rainforest

1. Amazon rainforest is also known as Amazonia
2. The Amazon rainforest has a rich ecosystem.
3. The Amazonia covers at least 40% of South America.
4. The Amazonia has many deadly species.
5. The Amazon rainforest suffers a disappearing rate of 1.5 acres every second.
6. Every 3 days, Scientists discover new species in the Amazon rainforest.
7. Around 70% of plants with anti-cancer properties are found in Amazonia.
8. Approximately 10 Million species of Plants, insects and animals live in Amazonia.
9. Almost 90% of plants in Amazonia remain undiscovered.
10. There are 150 Monkey species in Amazon Rainforest.
11. 150 bird species are at risk of extinction in the Amazonia.

*Eme Andrea
VIII – Topaz*

Parents

You give your life,
to save my life,
you gave up your dream to fulfill my dream
you tell me not to waste time
but lose time for me
thank you, God, for giving such a gift
to guide me, to teach me
and make me reach the heights
you are my life
you are my bigger prize



*Shamyuktha Dev
XI – Ruby*



KG
Bitter gourd Printing Activity



Awareness on
Anti-Bullying

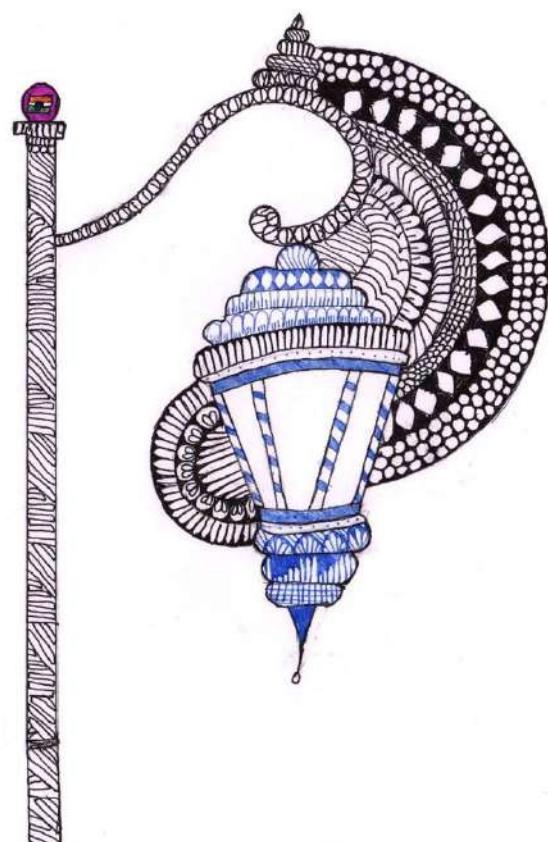


Pictionary
Energy conservation Committee

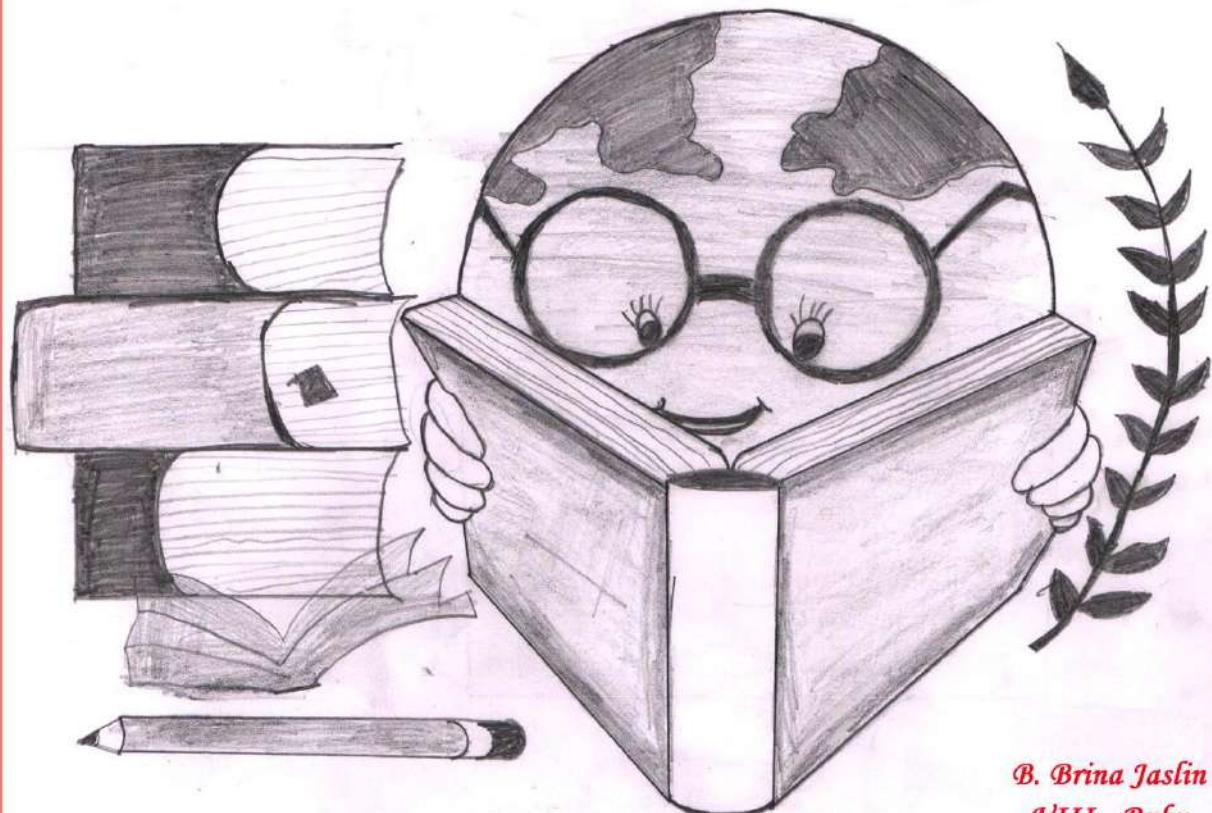




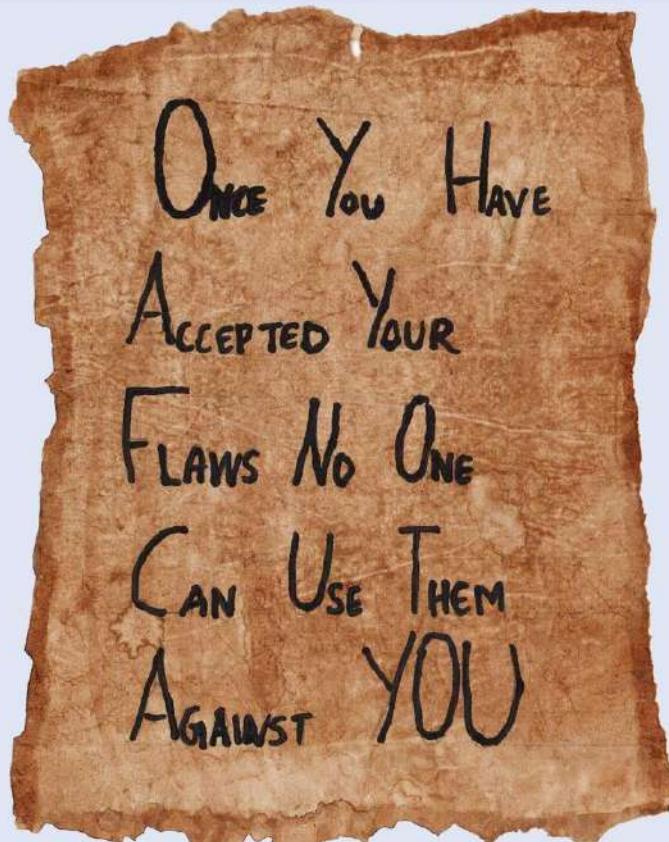
Shana Dhas A.S
V - Sapphire



J.M. John Hoshiya
VI - Topaz



B. Brina Jaslin
VIII - Ruby



Rafeel
XI - Topaz



Pon Ruthra
VI - Jade

SELF ESTEEM

Self-esteem is how we value and perceive ourselves. It's based on our opinions and beliefs about ourselves, which can feel difficult to change. We might also think of this as self-confidence. Your self-esteem can affect you in tons of ways.

| SELF-ESTEEM | |
|---|---|
| <p>Self-esteem is a combination of thoughts and feelings a person has about themselves, and whether those thoughts are positive or negative.</p> <p>DEFINITION</p> <p>Rosenberg (1958) defined self-esteem as "a positive or negative attitude toward a particular object, namely, the self" (p. 30).</p> <p>In this definition, self-esteem is an opinion about one's self-worth. People with a high self-esteem believe they have high self-worth, whereas people with low self-esteem are more cynical regarding their value.</p> | <p>EXAMPLE</p> <ul style="list-style-type: none">• High self-esteem: A person that likes their personality and thinks they are good at tasks they put their mind to has high self-esteem.• Low self-esteem: A person that thinks they have a lot of flaws and can't do things well has low self-esteem. |

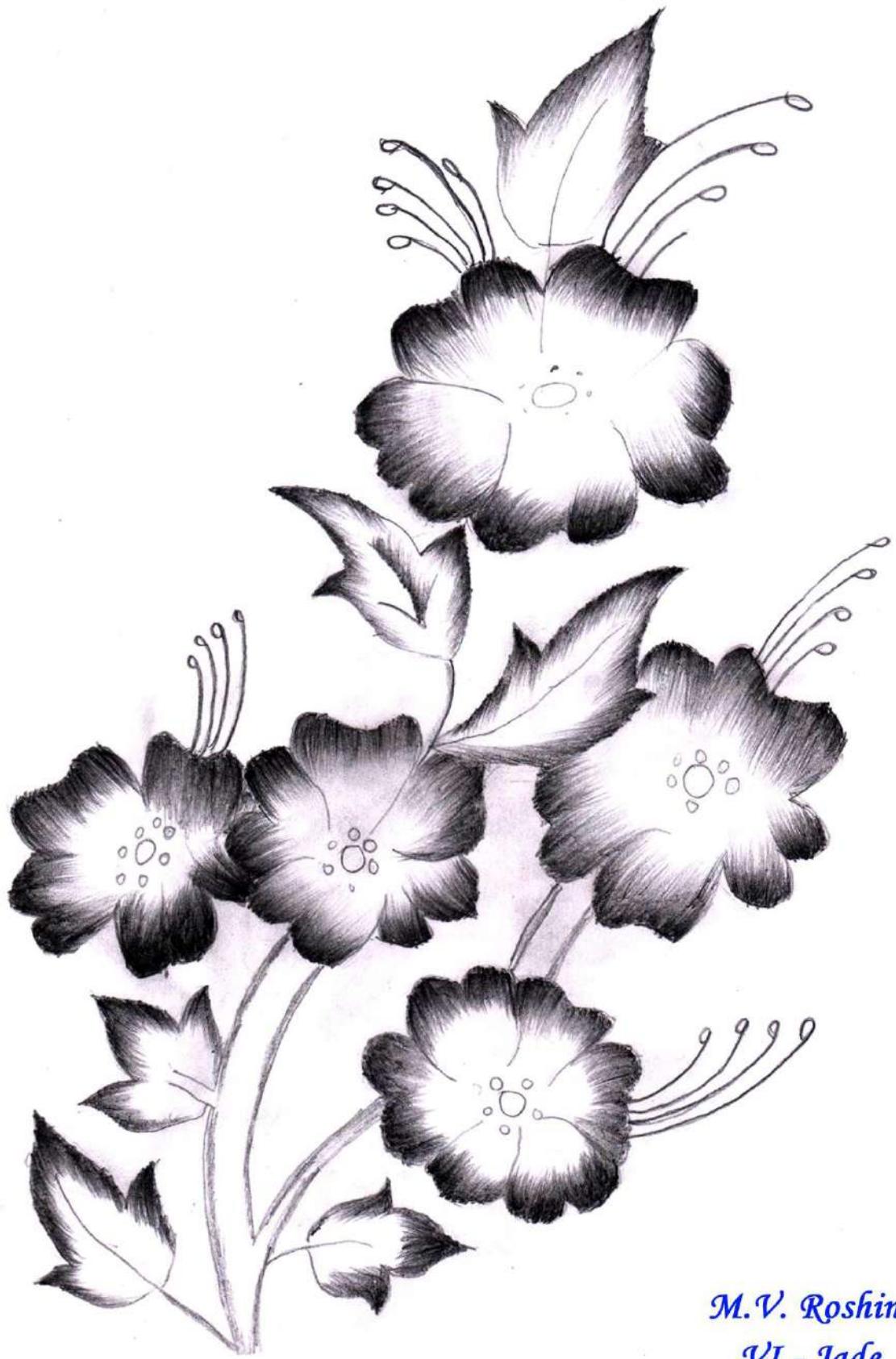
In a single word it can be expressed as a confidence and satisfaction in oneself. It might not sound like much but it determines our lives in the most unimaginable way possible. It changes our perceptions about oneself and others. It can influence our future our lifestyle and our belief in ourselves. Self Esteem never leads to overconfidence or conceit.

Submitted By,

*B. Laish Brilinth. X-Sapphire,
K.A.Krishna Raghul. X-Sapphire.*



*M.V. Roshini
VI - Jade*

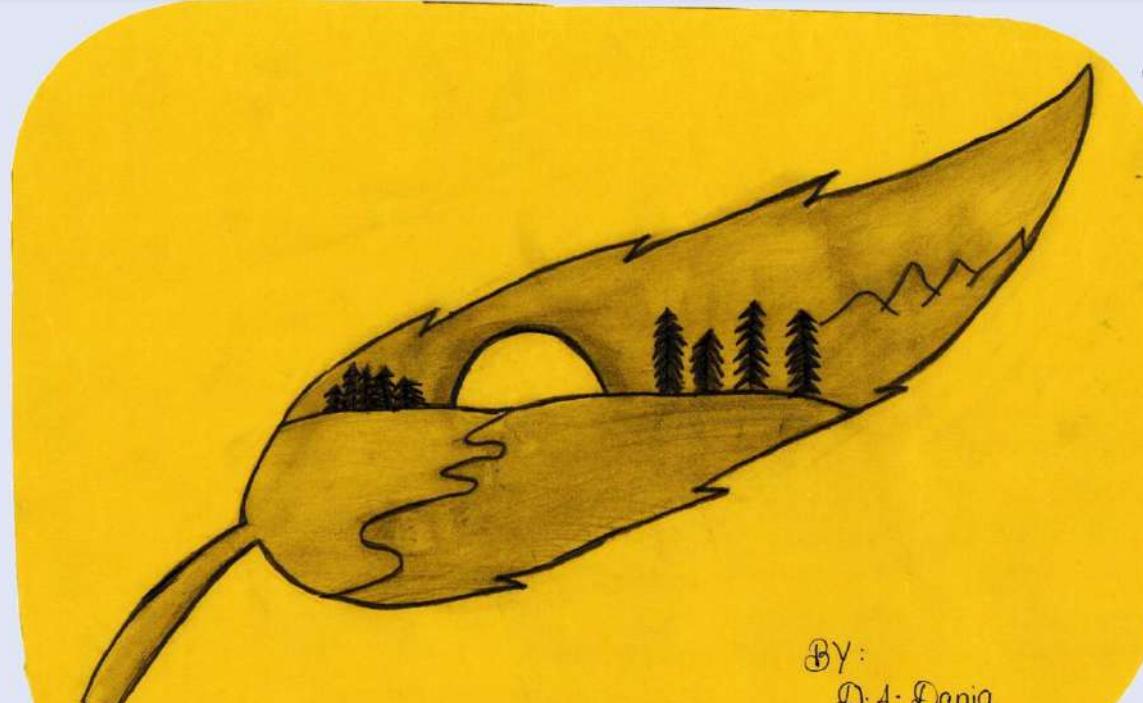
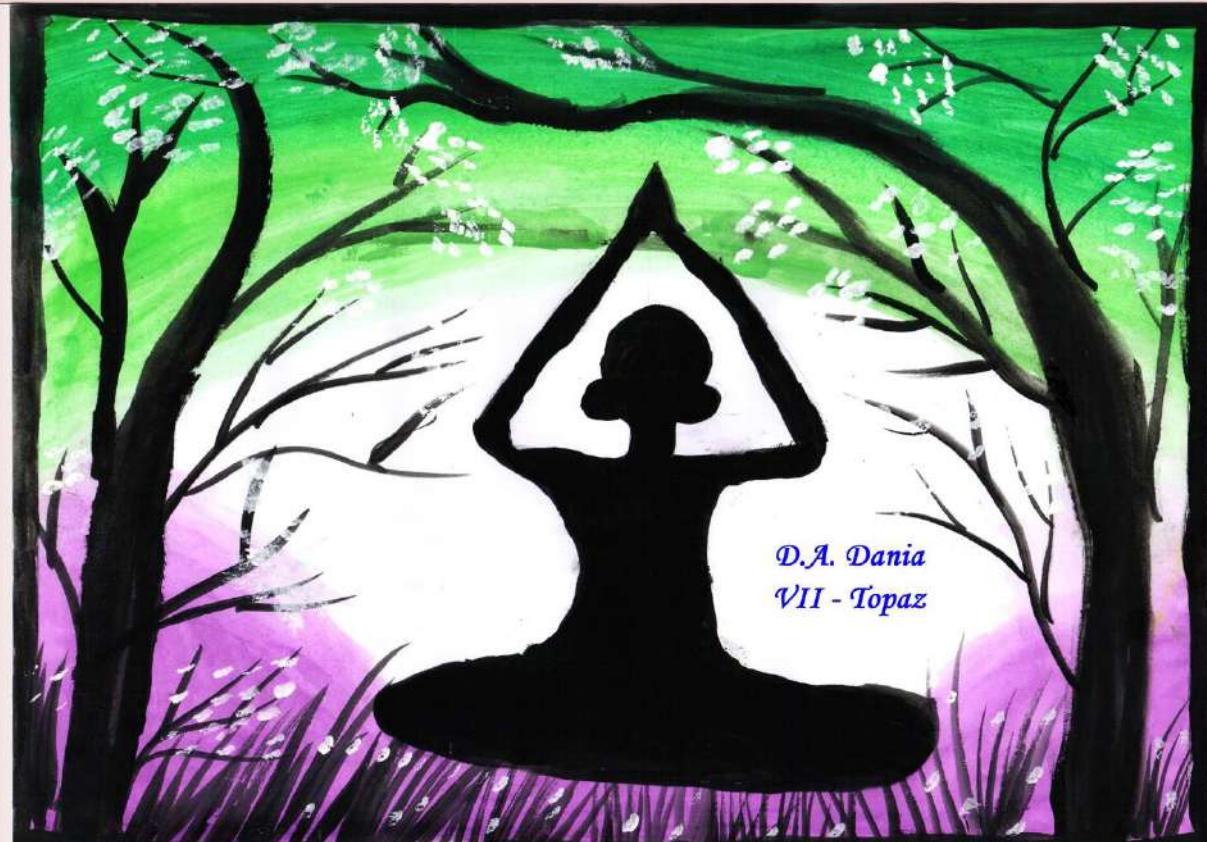


*M.V. Roshini
VI - Jade*



H.J. Lorshika Bercy
VIII - Ruby

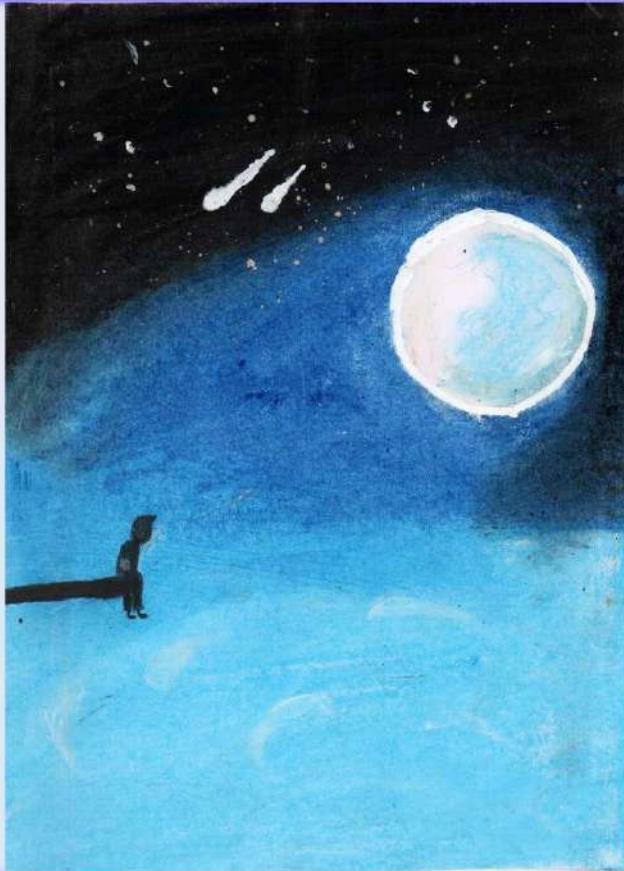




Owl



Giffin A.B. Antrick
VI - Jade



Fredrin Fina C.L.
VI - Topaz



*Hansika P.
V - Jade*



*Sniktha
VI - Sapphire*





Leona A.R.
VIII - Topaz

குழந்தை



பிரபஞ்சத்தின் அதிசயம் உலகம்!
உலகத்தின் அதிசயம் இயற்கை!
இயற்கையின் அதிசயம் சுவாசம்!
சுவாசத்தின் அதிசயம் உயிர்!
உயிர்களின் அதிசயம் மனிதகுலம்!
மனிதகுலத்தின் அதிசயம் மனிதன்!
மனிதத்தின் அதிசயம் பெண்மை!
பெண்மையின் அதிசயம் குழந்தை!
குழந்தையின் அதிசயம்
இல்லை! இல்லை!
குழந்தையே அதிசயம் தான்!

ச.வி ஆணினி
8 - புஷ்பராகம்

கல்வி வளர்ச்சி நாள்

பெருந்தலைவர் காமராஜர்
மனிதருள் மாணிக்கமே!
என் காமராஜரே!
உன்போல் உயர்ந்தவர்
இனியொருவர் பிறப்பாரோ?
சட்டங்கள் கற்றதில்லை!
பட்டங்கள் பெற்றதில்லை!
திட்டங்கள் பலகோடி
தந்திட்ட அறிவுப்பெட்டகமே!



கி. கிறிஸ்டினா ஹெப்சிபா
(8 - புஷ்பராகம்)

தமிழ் மாதங்கள்



சித்திரையில் பிறந்த பிள்ளை
சிந்தனைகள் நிறைந்த பிள்ளை
வைகாசியில் பிறந்த பிள்ளை!
வையகத்தை ஆனும் பிள்ளை!
ஆனி மாதம் பிறந்த பிள்ளை
அறிவாளி ஆகும் பிள்ளை!
ஆடி மாதம் பிறந்த பிள்ளை
அறிஞனாக வந்த பிள்ளை!
ஆவணியில் பிறந்த பிள்ளை
அகிலத்தை ஆனும் பிள்ளை!
புரட்டாசியில் பிறந்த பிள்ளை
திரட்டாத செல்வம் இல்லை!
ஜப்பசியில் பிறந்த பிள்ளை
அற்புதமாய் படிக்கும் பிள்ளை!
கார்த்திகையில் பிறந்த பிள்ளை
கணித மேதை ஆகும் பிள்ளை!
மார்கழியில் பிறந்த பிள்ளை
நேர்வழியில் செல்லும் பிள்ளை!
தை மாதம் பிறந்த பிள்ளை
தைரியம் நிறைந்த பிள்ளை!
மாசி மாதம் பிறந்த பிள்ளை
மாமேதை ஆகும் பிள்ளை!
பங்குனியில் பிறந்த பிள்ளை
பாரதமே போற்றும் பிள்ளை!

ஹெப்ரான், ஜெ
7 - புஷ்பராகம்

Who am I?

